



Brattleboro Retreat

Women Supporting Women

A therapy group for women seeking compassionate and understanding support



This group offers a safe and welcoming space to connect with other women, share experiences, and build community. Together, we explore challenges, strengthen coping skills, and support one another in growth and healing.

"Prioritizing yourself is not selfish. It is necessary."

- **Unknown**

"Owning our story and loving ourselves through that process is the bravest thing that we'll ever do."

- **Brene Brown**

*"Women who support women are the true superheroes." - **Unknown***

Thursdays, 1-2PM via Zoom

For more information, contact Susan Fields,
sfields@brattlebororetreat.org or call 802-258-6835