



**Brattleboro
Retreat**

Men's Group

**Exploring masculinity,
communication &
interpersonal relationships**



A supportive space for men to connect, reflect, and grow,
now available virtually through the Anna Marsh Clinic.



Are you...

- Male-identified and at least 18 years old?
- Needing a little extra support?
- Wanting to connect with other people?
- Struggling in relationships?
- Having trouble identifying and discussing your feelings?

Join us for a weekly Zoom group to meet and connect with other men, gain support, and strengthen your ability to verbalize thoughts, feelings, and emotions as they arise.

Mondays, 4-5PM via Zoom

**For more information, contact J.J. Mull at
jamull@brattlebororetreat.org**

**Participants must live in VT or MA*