



Brattleboro Retreat

Exploring the Self and Relationships

***An in person therapy group
at the Retreat, offered by
the Anna Marsh Clinic.
Now accepting patients.***



Participate in a powerful group to develop meaningful connection with others, give and receive feedback, reveal oneself, and examine the hidden and unconscious aspects of your feelings, behaviors, and motivations.

Do you...

- Find it difficult to connect?
- Seek greater insight and self-awareness?
- Wish you could stop repeating the same patterns over and over?
- Desire more intimacy and better communication in your relationships?

Tuesdays 1:30-3:00pm
Wednesdays 10:00-11:30am

To express interest, email

Sarah Turbow, sturbow@brattlebororetreat.org

or Katie O'Connor, koconnor@brattlebororetreat.org

