



Brattleboro Retreat

For immediate release

Media Contact: Jeff Kelliher, 802-258-6132 or jkelliher@brattlebororetreat.org

Retreat's Employee Wellness Program Recognized by State of Vermont

BRATTLEBORO, VT (March 26, 2019)—The Brattleboro Retreat received a Worksite Wellness Award at the *2019 Vermont Worksite Wellness Conference: Living and Working Healthfully in a World of Distractions*, held on Thursday, March 21, in Burlington, VT.

The award was presented to Vermont employers who have demonstrated excellence in worksite wellness and have played an integral part in Vermont's reputation as one of the healthiest states in the nation.

On hand to acknowledge the recipients was Vermont Gov. Phil Scott, and Health Commissioner Dr. Mark Levine.

Governor Scott shared his appreciation for the employers who received awards based on their commitment to forward-thinking wellness policies that not only benefit employees but ultimately benefit employers by creating a culture of wellbeing in the workplace.

The Brattleboro Retreat's wellness program provides a variety of health and wellness initiatives to help all staff reach their wellness goals. Four of the hospital's 15 Employee Wellness Committee members were on hand to accept the award.

The Brattleboro Retreat, founded in 1834, is a not-for-profit, regional specialty psychiatric hospital and addictions treatment center, providing a full range of diagnostic, therapeutic and rehabilitation services for individuals of all ages and their families. Recognized as a national leader in the treatment mental illness and addiction, the Brattleboro Retreat offers a high quality, individualized, comprehensive continuum of care including inpatient, partial hospitalization, residential and outpatient treatment.

#