Brattleboro Retreat

Patient Safety 2016

See information about

Restraint and Seclusion

Patient Restraint and Seclusion

- This measure shows the number of restraint and seclusion episodes for all inpatient programs. It is based on a review of patient records during calendar year 2016.
- The Brattleboro Retreat strives to reduce the episodes of restraint and seclusion and believes that restraint and seclusion are only used when there is a risk of substantial violence to self or others or when substantial violence to self or others has actually occurred.
- A restraint is any safe method that keeps patients from moving their arms, legs, body, or head freely. Seclusion is the involuntary confinement of a patient alone in a room or area from which the patient is physically prevented from leaving.

Patient Restraint and Seclusion Measures

Measure	Brattleboro Retreat Results	National Results* Jan. thru Dec. 2016
Adult Inpatient Psychiatric Units	**Restraint: 0.03 per 1000 patient hours **** **Seclusion: 0.07 per 1000 patient hours ****	**Not available yet** **Not available yet**
Adolescent Inpatient Psychiatric Unit	**Restraint: 0.18 per 1000 patient hours **** **Seclusion: 0.24 per 1000 patient hours ****	**Not available yet** **Not available yet**
Children's Inpatient Psychiatric Unit	**Restraint: 0.16 per 1000 patient hours **** **Seclusion: 0.78 per 1000 patient hours ****	**Not available yet** **Not available yet**

***** National results are from a measurement project sponsored by a national hospital accreditation organization called The Joint Commission.

** Restraint and seclusion rates are expressed as the average amount of time any patient spends in seclusion and restraint out of 1000 hours of patient care.