



Brattleboro Retreat

## CHNA Implementation Plan

### 2022-2024

#### Priority Areas: Mental Health, Substance Use Disorder Care, and Access to Care

1. Expand treatment offerings for individuals with complex and treatment resistant mental health conditions, or who have specific needs that may not be met with treatment as usual
  - a. Open a Specialty Medications Program that includes access to new medications for treatment-resistant depression, as well as long-acting forms of medications for mental health and substance use disorder
  - b. Open a Transcranial Magnetic Stimulation program (TMS ) for treatment-resistant depression
  - c. Open new Partial Hospitalization and Intensive Outpatient Programs (PHP/IOP) – for specialty populations in our community – healthcare workers and first responders – who need specialized care and have been under significant additional stress in recent years
2. Increase awareness in the community of suicide as a risk factor for all mental health conditions
  - a. Collaborate with Vermont Psychological Association to provide high quality education and training – including specific trainings on suicide
  - b. Participate in cross-agency community forums that seek to address suicide risk, sharing Brattleboro Retreat knowledge and expertise
  - c. Adopt the CAMS model of suicide assessment for outpatient providers at the Retreat over the next three years
  - d. Partner with other social service agencies, when appropriate, to help address risk factors for suicide in community populations
3. Outreach to populations with complex or unique needs or barriers to care and services
  - a. Embedded clinicians at Brattleboro Memorial Hospital’s Community Health Team and Brattleboro OBGYN (BMH CHT/BOG), and Brattleboro Memorial Hospital’s Primary Care Offices, to help with early detection, intervention, referral, and treatment of mental health and substance use issues
  - b. Expand the Healthworks ACT initiative – working to transform an embedded provider relationship with Groundworks Collaborative into a fidelity-based Assertive Community Treatment (outreach) model. This program will be a collaboration across community

agencies, including Healthcare and Rehabilitation Services, Groundworks Collaborative, and Brattleboro Memorial Hospital. This team will provide a full range of services and supports to homeless or housing insecure individuals with significant mental health and addiction problems

- c. Partner with Brattleboro Memorial Hospital to develop community best practices for addressing individuals with alcohol use disorder, working to decrease gaps in services and barriers to care
4. Understanding that broad disparities exist in access to healthcare among BIOPA, LGBT+ populations nationally, we will, through our DEI initiative, gather data related to health outcomes and any disparities, and work to address and remedy any identified disparities at the Retreat via an organizational work plan
- a. Appoint Director of Diversity, Equity and Inclusion
  - b. Convene a formal committee to develop work plan recommendations
  - c. Attend to Brattleboro Retreat Board-approved DEI Commitments in a continuous manner