



Brattleboro Retreat

Brattleboro Retreat CHNA Implementation Update

CHNA Plan 2022-2024

For CHNA-related activities January 1, 2012 – December 31, 2022

1. Expand treatment offerings for individuals with complex and treatment resistant mental health conditions, or who have specific needs that may not be met with treatment as usual
 - a. Ongoing/on-track: Specialty medication program for treatment resistant depression was opened for internal referrals in 2022, and will open for external referrals in early 2023
 - b. Goal complete: Transcranial Magnetic Stimulation program (TMS) for treatment-resistant depression was opened for internal and external referrals in 2022
 - c. Goal complete: A new Partial Hospitalization and Intensive Outpatient Program (PHP/IOP) – for specialty populations in our community – healthcare workers and first responders – was opened in 2022

2. Increase awareness in the community of suicide as a risk factor for all mental health conditions
 - a. Ongoing/on-track: Collaborate with Vermont Psychological Association to provide high quality education and training – including specific trainings on suicide: a VPA/Brattleboro Retreat training is planned for April 14, 2023 “Counseling against access to lethal means”
 - b. Ongoing: Participate in cross-agency community forums that seek to address suicide risk, sharing Brattleboro Retreat knowledge and expertise: The Brattleboro Retreat continues to be a part of ongoing dialogue about how to address suicide in the community, for example in the article published in Brattleboro Reformer on August 19, 2022 “Suicide is a Growing Problem, but not a Hopeless One”:
https://www.reformer.com/community-news/white-suicide-is-a-growing-problem-but-not-a-hopeless-one/article_0b927c9a-1cae-11ed-9612-4be8597e8fef.html
 - c. Ongoing/on-track: As Brattleboro Retreat works to adopt the CAMS model of suicide assessment for outpatient providers at the Retreat over the next three years, 9 Clinicians at Brattleboro Retreat outpatient programs completed CAMS training and certification in 2022 (see <https://www.vpqhc.org/trained-providers>) and more are registering for 2023, with goal of 100% by end of three-year period.
 - d. Ongoing/on-track: Partner with other social service agencies, when appropriate, to help address risk factors for suicide in community populations: Brattleboro Retreat continues to participate in community and multi-agency groups to address the health and mental health of the community, including the Accountable Communities for Health (ACH), which have specific attention to the root causes of suicide in our community (mental health concerns, substance use disorders) and which promote access to treatment and services

3. Outreach to populations with complex or unique needs or barriers to care and services
 - a. Ongoing/on-track: Brattleboro Retreat has two embedded clinicians at Brattleboro Memorial Hospital's Community Health Team and Brattleboro OBGYN (BMH CHT/BOG), and Brattleboro Memorial Hospital's Primary Care Offices, to help with early detection, intervention, referral, and treatment of mental health and substance use issues
 - b. Ongoing/on-track: The Healthworks ACT initiative is funded for a startup phase of operations, and a robust collaboration between Brattleboro Memorial Hospital, HCRS, Groundworks Collaborative, and Brattleboro Retreat has resulted in new LLC "Healthworks ACT LLC" which will begin clinical operations in early 2023
 - c. Ongoing/on-track: Partner with Brattleboro Memorial Hospital to develop community best practices for addressing individuals with alcohol use disorder, working to decrease gaps in services and barriers to care – in 2022, Brattleboro Retreat completed a community multi-agency project (Brattleboro Memorial Hospital, HCRS, Brattleboro Retreat, and others), with guidance from Vermont Dept. of Health/Division of Substance Use Programs (DSU), to promote Rapid Treatment Access for Alcohol Use Disorder. Our collaborations continue to explore what might be done in this area, as alcohol use continues to be a significant problem regionally and nationally.

4. Understanding that broad disparities exist in access to healthcare among BIOPA, LGBT+ populations nationally, we will, through our DEI initiative, gather data related to health outcomes and any disparities, and work to address and remedy any identified disparities at the Retreat via an organizational work plan
 - a. Goal complete: Brattleboro Retreat appointed a Director of Diversity, Equity and Inclusion in 2022
 - b. Goal complete: Brattleboro Retreat has convened a formal DEI committee and has approved an annual work-plan, with many specific goals across hospital areas
 - c. Ongoing and on-track: The Brattleboro Retreat has begun ongoing work in the DEI arena, including State and community collaborations, revised and updated annual trainings for all staff, special events such as an annual Martin Luther King Day lecture and discussion, engagement of staff around specific projects and needs, and are participating in CDC/VDH Health Equity Initiative as a Quality Improvement Project