



Caring for others can take a toll. It's time to care for yourself.

Providing healthcare can lead to stress that puts your home life and career at risk. We offer specialized treatment in a group therapy format—caregivers caring exclusively for other caregivers who struggle with PTSD, depression, anxiety, stress, or substance use disorder as a consequence of their jobs.

A remote clinical service—convenient and confidential for nurses, physicians, dentists, EMTs, LNAs/CNAs, social workers, techs and others. Free insurance verification offered.

Get help now.

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Brattleboro
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MENTAL HEALTH
AND ADDICTION CARE

