



Dolores Kane, Psy.D., ACSW, LICSW, has worked as a psychotherapist in hospitals and community mental health clinics since 1984. She holds two Master’s degrees—an MSW and an MS—along with a doctoral degree in clinical psychology.

Dr. Kane is trained in psychoanalysis and treats children, adults, and families experiencing a wide range of mental health issues including social phobia, depression, anxiety, health crises, personal development, spirituality, and life transition issues.



Laura Kelloway, LICSW, is a graduate of Hampshire College who received her Master's degree in social work in 1997 from the University of Denver.

Laura provides psychotherapy services for children, adults, and families experiencing issues such as loss, separation, and divorce. Her areas of expertise include depression, anxiety, trauma, and ADHD. Laura’s treatment approach is tailored to individuals and their unique circumstances but is often cognitively or family-systems-based.



Jenny Karstad, MA, LADC, LCMHC, received her Master’s degree in Counseling Psychology from Antioch University New England in 2004. She is dually licensed as an Alcohol and Drug Counselor and a Clinical Mental Health Counselor.

Jenny has many years of experience at the Brattleboro Retreat helping people who are living with anxiety, depression, trauma, and substance use disorders. She utilizes a holistic approach to wellness with the underlying assumption that people want to be whole and healthy.



Marc Laurens, LICSW, received his Master’s degree in Social Work from the State of New York University at Stony Brook. With more than thirty years of experience working individually and in groups with adults, couples, and families, he specializes in the treatment of anxiety, depression, post-traumatic stress disorder, addictions and chronic pain.

Marc also has extensive experience in treating substance abuse. He is a smoking cessation facilitator for the state of Vermont and has experience in behavioral pain management.



Judy Katz, MSW, LICSW, has a Master’s degree in Social Work from Columbia University. She has spent her entire career working in social services and helping adults, teens, children and families. She has extensive training and experience in the areas of substance abuse, emerging adults, trauma, multicultural issues and family dynamics.

Judy works with adults who are struggling with depression, anxiety, grief, trauma, transitional issues, parenting issues, and gender identification. Her approach is systems oriented and “eclectic” utilizing cognitive behavioral techniques, positive psychology, and solution-focused therapy.



Heidi Peterson, MSW, LICSW, received her Master’s degree in Clinical Social Work from the Smith College School for Social Work in 1989. Her specialties include using Eye Movement Desensitization and Reprocessing to treat post-traumatic stress disorder and related issues, mood disorders, couples therapy, brief solution-focused therapy, dual diagnosis, and borderline personality disorder.

Heidi integrates mindfulness into much of her therapeutic work and is intensively trained in Dialectical Behavior Therapy.



Anna Marsh Behavioral Care Clinic Staff Directory

Outpatient psychotherapy services to help individuals and families address a wide variety of issues including depression, anxiety, trauma, relationship problems, addiction, and more.

Teresa Butler, LCMHC, received her Master’s degree in Counseling Psychology in 1990 and became licensed as a Clinical Mental Health Counselor in Vermont in 1996. She has a broad range of clinical experience in the Community Mental Health system and has been a part of the Anna Marsh Clinic team since 2013.

Terry’ areas of clinical interest and expertise include helping children and adults impacted by ADD/ADHD and other disorders including anxiety, depression, and trauma. Her approach is holistic, practical, and acknowledges each individual’s unique experience, challenges, and personal strengths.

Stephanie Cryer, LICSW, received her Master’s degree in Social Work from Washington University in St. Louis, MO. She has many years of experience providing mental health and recovery support to adults with a focus on the emerging adult population (ages 18—26).

Prior to joining the Retreat, she worked in Washington, DC, Dakar Senegal, and Chicago. Stephanie utilizes a strength-based perspective and is trained in both Cognitive Behavioral Therapy (CBT) and Acceptance and Commitment Therapy (ACT).

Darcy Gingerich, M.Ed., LCMHC, LADC holds two Master’s degrees from Ohio University—one in Fine Arts in Acting and one in Clinical and Agency Counseling (1994). Her expertise includes the treatment of trauma, substance abuse, anxiety, depression and PTSD.

Darcy is trained in Dialectical Behavior Therapy (DBT) and the use of Eye Movement Desensitization and Reprocessing (EMDR). She is also trained in Sensorimotor Psychotherapy Trauma Treatment. Her clientele includes people questioning or living with diverse sexual orientation and gender identities.



Paul Rodrigue, MA, LMFT, is a graduate of Antioch New England Graduate School. He has extensive experience working with families and individuals in a variety of settings including community mental health centers and private practice.

Paul specializes in treating mood and anxiety disorders (depression, anxiety, seasonal affective disorder or SAD) and is highly skilled at working with children and teens. His approach to therapy incorporates an appreciation for individual psychological development within the context of family dynamics.



Jilisa Snyder, Ph.D., is the Clinical Director of the Anna Marsh Clinic. She has a Master’s degree in Rehabilitation Counseling and a Doctoral degree in Counseling Psychology from the SUNY Albany. She later completed a doctoral internship and post-doctoral fellowship in Clinical Psychology at Dartmouth Medical School—Dept. of Psychiatry.

Jilisa’s specialties include psychodynamic, relationally-oriented psychotherapy with adults and couples. Her expertise includes personality development, analytic self-psychology, the psychotherapeutic process, mood, anxiety, trauma-related conditions, women’s issues, grief and loss, and medical/health psychology.



Lisa Tallin, MSW, LICSW, received her Master’s degree in Social Work from the University of Missouri-St. Louis. She has provided care in a variety of clinical settings including inpatient and residential programs at the Brattleboro Retreat.

Lisa is trained in Dialectical Behavior Therapy (DBT) and uses a variety of approaches to create individualized treatment for individuals and families. Her clientele includes people from a variety of backgrounds dealing with anxiety, depression, trauma, and identity issues as well as those managing losses or major life changes.



Belinda Whipple Worth, LCMHC, received her Master’s degree in Counseling Psychology from Antioch New England University. She is a Licensed Clinical Mental Health Counselor (LCMHC) who specializes in working with children, families, and adults.

Belinda is trained in mind-body therapies including Eye Movement Desensitization Reprocessing (EMDR Level II) and Sensorimotor Psychotherapy (Level II). Her clinical interests include strategies to overcome the generational effects of trauma on the mind, body, and spirit.

