



Brattleboro Retreat

Brattleboro Retreat CHNA Implementation Update

CHNA Plan 2022-2024

For CHNA-related activities January 1, 2023 – December 31, 2023

1. Expand treatment offerings for individuals with complex and treatment resistant mental health conditions, or who have specific needs that may not be met with treatment as usual
 - a. Goal complete: Specialty medication program for treatment resistant depression has been fully open since January 2023, and has been steadily growing since that time.
 - b. Goal complete: Transcranial Magnetic Stimulation program (TMS) for treatment-resistant depression is fully open and is serving participants
 - c. Goal complete: The Partial Hospitalization and Intensive Outpatient Program (PHP/IOP) – for specialty populations in our community – healthcare workers and first responders – has been fully open and growing for all of 2023.

2. Increase awareness in the community of suicide as a risk factor for all mental health conditions
 - a. Ongoing/on-track: Brattleboro Retreat collaborated with Vermont Psychological Association to provide high quality education and training – including specific trainings on suicide: a VPA/Brattleboro Retreat training on April 14, 2023 “Counseling against access to lethal means” (9 attendees from across the hospital) as well as “Brief CBT for Suicide Prevention” on June 16, 2023 (14 attendees from across the hospital).
 - b. Ongoing: Participate in cross-agency community forums that seek to address suicide risk, sharing Brattleboro Retreat knowledge and expertise: The Brattleboro Retreat continues to be a part of ongoing dialogue about how to address suicide in the community, and the community’s mental health needs. There have, for example, been workgroups addressing the needs of the community in terms of outpatient mental health access, that have been a part of a multi-stakeholder group, the “Accountable Communities for Health” (ACH).
 - c. Ongoing/on-track: As Brattleboro Retreat works to adopt the CAMS model of suicide assessment for outpatient providers at the Retreat over the next three years, 5 more clinicians completed training in 2023, for a total of 14 clinicians thus far. More are registering for 2023, with goal of 100% by end of three-year period.
 - d. Ongoing/on-track: Partner with other social service agencies, when appropriate, to help address risk factors for suicide in community populations: Brattleboro Retreat continues to participate in community and multi-agency groups to address the health and mental health of the community, including the Accountable Communities for Health (ACH), which have specific attention to the root causes of suicide in our community (mental health concerns, substance use disorders) and which promote access to treatment and services.

3. Outreach to populations with complex or unique needs or barriers to care and services
 - a. Ongoing/on-track: Brattleboro Retreat is planning an expansion of program of having embedded clinicians at Brattleboro Memorial Hospital's Primary Care Practices and Brattleboro OBGYN (Four Seasons) – now planned for over 4 clinicians, in each primary care practice office for 2023 to help with early detection, intervention, referral, and treatment of mental health and substance use issues in those populations.
 - b. Ongoing/on-track: The Healthworks ACT initiative (new LLC "Healthworks ACT LLC") began clinical operations in early 2023, and has been growing since that time. The community was shaken by a tragic act of violence this past year at a community shelter this year, and there was a robust community response to help support work with this population, and to support those providing services, since that time.
 - c. Ongoing/on-track: Partner with Brattleboro Memorial Hospital to develop community best practices for addressing individuals with alcohol use disorder, working to decrease gaps in services and barriers to care. As the embedded clinician initiative has expanded, Brattleboro Retreat clinicians are collaborating with primary care practices to provide screening, referral, and in-office evidence-based interventions for alcohol use disorder – and plan to expand this in 2024.

4. Understanding that broad disparities exist in access to healthcare among BIOPA, LGBT+ populations nationally, we will, through our DEI initiative, gather data related to health outcomes and any disparities, and work to address and remedy any identified disparities at the Retreat via an organizational work plan
 - a. Goal complete and ongoing work continues: Brattleboro Retreat has an identified DEI Officer, and a multidisciplinary chartered committee working toward its DEI goals.
 - b. Goal complete and ongoing work continues: Brattleboro Retreat has convened a formal DEI committee and has approved an annual work-plan for 2024 (and worked substantially on its 2023 work plan), with many specific goals across hospital areas
 - c. Ongoing and on-track: The Brattleboro Retreat has substantial and ongoing work in the DEI arena, including State and community collaborations, revised and updated annual trainings for all staff, special events such as an annual Martin Luther King Day lecture and discussion, engagement of staff around specific projects and needs, and participated in a CDC/VDH Health Equity Initiative as a Quality Improvement Project