

Internship Admissions, Support, and Initial Placement Data

Internship Program Tables

Date Program Tables are updated: August 30, 2022

Program Disclosures

Does the program or institution require students, trainees, and/or staff (faculty) to comply with specific policies or practices related to the institution's affiliation or purpose? Such policies or practices may include, but are not limited to, admissions, hiring, retention policies, and/or requirements for completion that express mission and values?	<div><input checked="checked" type="checkbox"/> Yes</div> <div><input type="checkbox"/> No</div>
If yes, provide website link (or content from brochure) where this specific information is presented:	
<p>Applicants matched to the internship should understand that prior to beginning the internship they will need to pass a Health System required medical examination, and background (criminal record) and credentials checks (education and employment). These procedures must be satisfactorily completed in advance of commencing the internship. The Internship begins sometime between late June and the middle of July. The exact start date depends on the new hire orientation date provided by HR, which is not determined until the beginning of the calendar year (i.e., 2024). The internship continues for a period of 54 weeks.</p> <p>The Retreat's policy regarding employment of a person with a criminal record is as follows: The Brattleboro Retreat will not employ any person who has been convicted of an offense for such action related to bodily harm, theft or misuse of funds or property, or other crimes inimical to the public welfare. An example of convictions that would prevent an individual from being hired, or jeopardize continued employment include, but are not limited to:</p> <ul style="list-style-type: none">a) crimes of violenceb) misdemeanor or felony crimes of abuse or exploitation, including crimes of a sexual naturec) any crime committed with a firearmd) crimes of fraud, theft or deceit <p>If you have any concerns about <u>not</u> being able to successfully pass any of the required pre-employment checks please contact the Training Director (James Benton, Ph.D.), prior to submitting your application, to discuss the factors that may interfere with your ability to successfully meet the pre-employment requirements.</p>	

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Internship Program Admissions

Briefly describe in narrative form important information to assist potential applicants in assessing their likely fit with your program. This description must be consistent with the program's policies on intern selection and practicum and academic preparation requirements:

The Brattleboro Retreat's Clinical Psychology Doctoral Internship program is designed to provide an immersive experience in providing psychological services in inpatient and outpatient psychiatric settings. In both settings, interns work as part of an integrated team that includes psychiatrists, nurses, psychologists, social workers, substance abuse counselors, and mental health workers. Many of our patients present with co-occurring disorders (i.e., mental health and substance use). Interns provide assessments, brief, short-term and long-term therapy, group facilitation and psychological assessments. Much of the work is team-based. Following APA internship requirements, interns spend a minimum of 25% of their time in direct client contact.

Interns may select either an inpatient (IP) or outpatient health care setting (PHP/IOP) as their primary rotation in which a majority of their time (at least 50%) is spent. However, following the APPIC protocol, applicants may choose to apply to both tracks (PHP/IOP and IP) and rank order their preferences.

Outpatient work consists mostly of providing psychological services in the Retreat's partial hospitalization programs where interns gain experience in group facilitation, case management, and individual assessment and treatment. The PHP track is based on a 40-hour week, Monday through Friday (typically 8:00 am to 4:30 pm, with a half hour daily break)

For the 2023-2024 Internship year there are two PHP rotations – Virtual PHP/IOP (serving the general population), and the Healthcare Professionals & First Responders program (serving medical and mental health professionals, law enforcement, EMS and firefighting professionals). Interns work for approximately six months in each rotation.

There are two inpatient tracks available – adult and adolescent. The primary experience in these tracks is providing psychological services for the Retreat's inpatient programs, including group facilitation, and individual assessment and treatment. These are based on a 40-hour work week (typically 8:00 am to 4:30 pm, with a half hour daily break). At this time, the days of work are Monday through Friday. However, in previous years we have required Interns on this rotation to work four weekdays and one weekend day in order to provide consistent clinical programming on weekends. This schedule is currently under review; applicants should be aware that a decision may be made to revert to this schedule in the future. If this occurs, we will provide prior notification.

The Retreat has two adult inpatient units where interns provide psychological services. Patients in these programs are dealing with a wide range of issues including alcohol and substance use, co-occurring disorders, episodes of acute psychological distress, and long-term psychiatric conditions. The primary treatment modalities are Acceptance and Commitment Therapy (ACT), DBT, and skills based activities delivered in a group format.

For the Inpatient Adolescent Inpatient track there are two inpatient units where interns provide psychological services. Patients in these programs are dealing with a wide range of issues including

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episodes of acute psychological distress, and long-term psychiatric conditions. The primary treatment modalities are Acceptance and Commitment Therapy (ACT), DBT, and skills based activities delivered in a group format.

Besides primary work in the Retreat's inpatient or partial hospitalization programs, interns carry for the duration of their internship a small, individual outpatient therapy caseload, which is typically four to six patients with psychological and sometimes medical (i.e., behavioral medicine) conditions. Interns are expected to have prior experience conducting intake assessments (e.g., biopsychosocial history, suicide risk assessment, substance use assessment) and conduct regular intake assessments throughout the year. In addition, conducting psychological and neuropsychological assessments is required; the depth and scope of these assessments will depend on the intern's prior experience and current interests.

Preference is given to applicants with demonstrated interest and experience in the following areas:

- Third wave cognitive behavioral therapies (e.g., Acceptance and Commitment Therapy, Dialectical Behavior Therapy, Functional Analytical Psychotherapy, Mindfulness-Based Cognitive Therapy)
- Hospital outpatient and/or community mental health services (for PHP/IOP rotations)
- Inpatient psychiatric services (for inpatient rotations)
- Experience providing individual and group therapy and assessment to adults (for the PHP/IOP and Adult Inpatient rotations)
- Experience providing individual and group therapy and assessment to adolescents (for the Inpatient adolescent rotation)
- Treatment of specialized populations including LGBTQ, first responders (e.g., fire, EMS), law enforcement (e.g., police, corrections, agents of state and federal agencies), healthcare professionals, and co-occurring disorders (i.e., mental health and substance use)
- Psychological and neuropsychological assessment

Eligibility requirements for the program are as follows:

- Applicant must be a candidate for the Ph.D., Psy.D., or Ed.D. in an APA or CPA accredited doctoral training program. Acceptable program types are:
 - Clinical Psychology
 - Counseling Psychology
- All coursework toward the doctoral degree must be completed by the end of the academic year prior to the start of internship
- Certification of internship readiness by the applicant's academic program
- Completion of a minimum of 4 years of graduate training prior to start of the Internship

Does the program require that applicants have received a minimum number of hours of the following at time of application? If Yes, indicate how many:

Total Direct Contact Intervention Hours		Yes	Amount: 300
Total Direct Contact Assessment Hours		Yes	Amount: 50

Describe any other required minimum criteria used to screen applicants:

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N/A

Financial and Other Benefit Support for Upcoming Training Year*

Annual Stipend/Salary for Full-time Interns	\$31,200	
Annual Stipend/Salary for Half-time Interns	N/A	
Program provides access to medical insurance for intern?	Yes	
If access to medical insurance is provided:		
Trainee contribution to cost required?	Yes	
Coverage of family member(s) available?	Yes	
Coverage of legally married partner available?	Yes	
Coverage of domestic partner available?		No
Hours of Annual Paid Personal Time Off (PTO and/or Vacation)	190	
Hours of Annual Paid Sick Leave	40	
In the event of medical conditions and/or family needs that require extended leave, does the program allow reasonable unpaid leave to interns/residents in excess of personal time off and sick leave?	Yes	
Other Benefits (please describe): <ul style="list-style-type: none"> Malpractice liability coverage is provided at no cost Interns may attend, at no cost, optional full-day CE training courses sponsored by the Retreat. These are typically offered once a month Indoor exercise facilities are available on site, as well as outdoor walking and hiking trails 		

*Note. Programs are not required by the Commission on Accreditation to provide all benefits listed in this table

Initial Post-Internship Positions

	2019-2022	
Total # of interns who were in the 3 cohorts	14	
Total # of interns who did not seek employment because they returned to their doctoral program/are completing doctoral degree	2	
	PD	EP
Academic teaching		2
Community mental health center		
Consortium		
University Counseling Center		
Hospital/Medical Center		
Veterans Affairs Health Care System	1	
Psychiatric facility	2	
Correctional facility		
Health maintenance organization	1	
School district/system		
Independent practice setting	4	

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Federal Health Agency	1	
Other	*1	

*Maternity leave

Note: "PD" = post-doctoral residency position; ""EP" = Employed Position. Each individual represented in this table is counted only one time.