



Brattleboro Retreat

Patient Safety

See information about patient falls, physical restraint, seclusion and multiple antipsychotic medications.

Patient Falls

- This measure shows whether patients' fall risk was assessed in a timely manner and whether interventions were put in place to reduce falls. It is based on a review of patient records during calendar year 2009.



Patient Falls Measures

Measure	Brattleboro Retreat Results	National Results*
Initial Fall Risk Assessment completed on admission	96% (132 of 137 patient charts reviewed)	No national results to report
Fall Risk Interventions and Care Plan completed based on initial assessment	94% (129 of 137 patient charts reviewed)	No national results to report

*National results are from a measurement project sponsored by a national hospital accreditation organization called the Joint Commission.



Patient Restraint and Seclusion

- This measure shows the number of restraint and seclusion episodes for all inpatient and residential programs. It is based on a review of patient records during calendar year 2009.
- The Brattleboro Retreat strives to reduce the episodes of restraint and seclusion and believes that restraint and seclusion should be used only when there is a risk of substantial violence to self or others or when substantial violence to self or others has actually occurred.
- A restraint is any safe method that keeps patients from moving their arms, legs, body, or head freely. Seclusion is the involuntary confinement of a patient alone in a room or area from which the patient is physically prevented from leaving.



Patient Restraint and Seclusion Measures

Measure	Brattleboro Retreat Results	National Results*
Adult Inpatient Psychiatric Units	Restraint: 0.4 per 100 patient days** Seclusion: 0.1 per 100 patient days**	2009 results are not yet available
Adolescent Inpatient Psychiatric Unit	Restraint: 2.5 per 100 patient days** Seclusion: 1.3 per 100 patient days**	2009 results are not yet available
Children's Inpatient Psychiatric Unit	Restraint: 18.3 per 100 patient days** Seclusion: 11.8 per 100 patient days**	2009 results are not yet available

*National results are from a measurement project sponsored by a national hospital accreditation organization called the Joint Commission.

** Every day someone spends in the hospital is considered 1 patient day. For example, if one person is in the hospital eight days, that is eight patient days. If 20 people are in the hospital on the same day, that counts as 20 patient days.



Multiple Antipsychotic Medications

- This measure evaluates whether there is documentation of the reason for prescribing multiple routinely scheduled antipsychotic medications. It is based on a review of patient records during calendar year 2009.



Multiple Antipsychotic Medications Measure

Measure	Brattleboro Retreat Results	National Results*
Documentation is present justifying the clinical rationale when 2 or more antipsychotic medications are prescribed at discharge.	100% (4 / 4) Note: in 2009, only 4 patients were discharged on two or more antipsychotic medications. All had appropriate documentation.	33.28%

*National results are from a measurement project sponsored by a national hospital accreditation organization called the Joint Commission.

