



Brattleboro Retreat

**Methadone and
Buprenorphine Treatment**

**See information about physical
exam and lab results received
prior to methadone treatment.**

Methadone and Buprenorphine Treatment

- Opiate withdrawal is caused by stopping or dramatically reducing the heavy or prolonged use of opiate drugs (e.g. heroin, morphine, oxycontin).
- During withdrawal, patients may experience symptoms such as sweating, shaking, headaches, drug cravings, nausea, vomiting, abdominal cramping, diarrhea, inability to sleep, confusion, agitation, depression, anxiety, and other behavioral changes.



Methadone and Buprenorphine Treatment

- Methadone and Buprenorphine (Suboxone) are medicines used to ease opiate withdrawal symptoms. Because these medicines are potent, it is necessary to ensure that only patients who are medically stable receive these medicines.
- Additionally, lab results showing patient detoxification results must be reviewed by the treating physician prior to the administration of Methadone or Buprenorphine (Suboxone).



Methadone and Buprenorphine Treatment Measures

Measure	Brattleboro Retreat Results
Lab results are present in the medical record.	94% (132 of 140 patient charts reviewed)
Physical exam is completed prior to first dose of Methadone or Suboxone.	99% (139 of 140 patient charts reviewed)

